

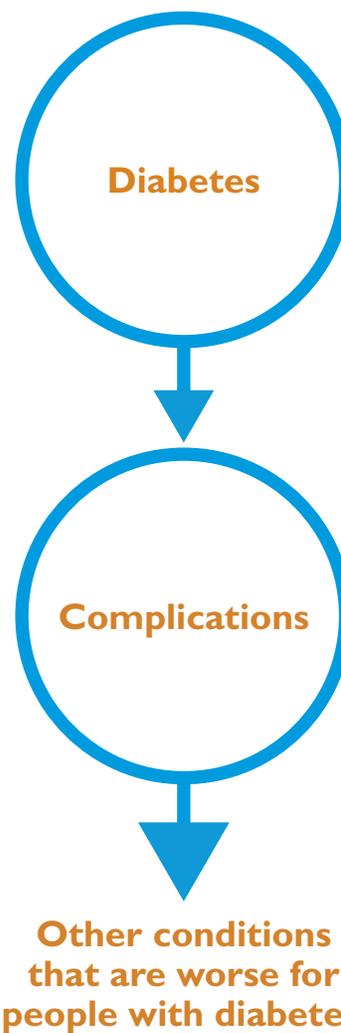
# Diabetes is a Growing Threat to the Health of Americans and the US Economy



The total cost of diabetes to the nation in 2012 - including diagnosed diabetes, undiagnosed diabetes, gestational diabetes and prediabetes - exceeded \$322 billion. By 2025, the total cost of diabetes is projected to reach \$514 billion - comparable to the total budget of today's Medicare program.

The economic toll from diabetes grows larger as diabetes worsens and creates a ripple effect of complications and costs.

- Diagnosed diabetes cost the US \$245 billion in 2012 in direct and indirect costs, a 41 percent increase from 2007.
- More than 1 in 5 health care dollars spent in the US goes to the care of people with diagnosed diabetes.
- The primary driver of increased costs is the increasing prevalence of diabetes in the US population.
- Over 62 percent of the cost for diabetes care in the US is borne by the US government through programs like Medicare and Medicaid.



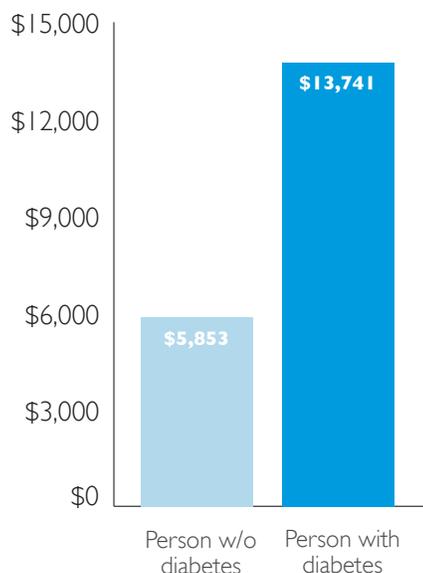
Of the \$245 billion attributed to diagnosed diabetes, **\$69 million** is borne by employers in lost economic output.

The Economic Ripples of Diabetes	Days of work lost...	...which cost...
Missed work days due to diabetes	25 million	\$5.0 billion
Reduced performance at work	113 million	\$20.8 billion
Reduced productivity for those not in work force	20 million	\$2.7 billion
Permanent disability	130 million	\$21.6 billion
Early mortality	246,000 (deaths)	\$18.5 billion

# Diabetes is a Growing Threat to the Health of Americans and the US Economy



## Average Annual Expenditures for a Person With Diabetes and Without Diabetes, 2012



## Diabetes drives up costs for families and workers:

- Medical expenses are 2.3 times higher for people with diabetes than for people without.
- The economic burden of all diabetes is over \$1,000 annually for each individual U.S. adult, regardless of his or her diabetes status.
- Nearly 60 percent of the direct medical cost of diabetes is for people aged 65 and older, while 88 percent of the indirect cost of diagnosed diabetes is incurred by the population under age 65.

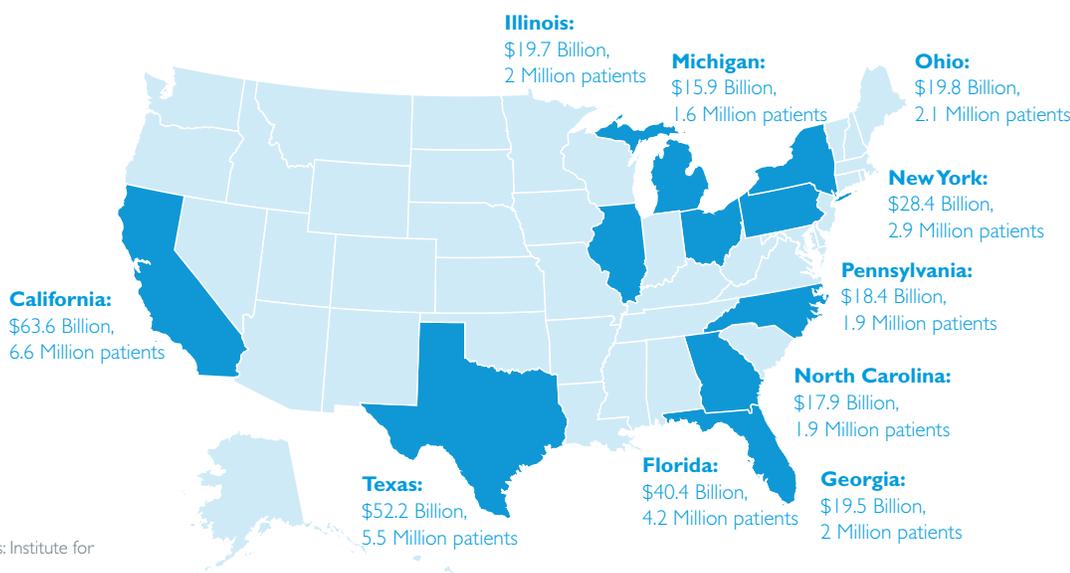
### The damage and cost of diabetes is felt in local communities and lives.

- In 2010, 10 states shouldered nearly 60 percent of the costs from diabetes.
- By 2025, according to the Institute for Alternative Futures, the costs in these states will almost double, to about \$297 billion.

All data in this brief come from these sources:

1. American Diabetes Association. Economic costs of diabetes in the U.S. in 2012. Diabetes Care. 2013; 6:1033-1046.
2. Dall T, Yang W, Halder P, et al. The economic burden of elevated blood glucose levels in 2012: diagnosed and undiagnosed diabetes, gestational diabetes, and prediabetes. Diabetes Care. 2014; 37:3172-3179.
3. Institute for Alternative Futures. Diabetes 2025: U.S., state, and metropolitan trends. <http://www.altfutures.org/diabetes2025/>. Accessed May 4, 2015.

## Cost of Diabetes in Key States, 2025



Source for 2025 Projections: Institute for Alternative Futures, 2011.

The Diabetes Advocacy Alliance is a diverse group of organizations that has come together for the purpose of changing how we perceive and approach the problem of diabetes. [www.DiabetesAdvocacyAlliance.org](http://www.DiabetesAdvocacyAlliance.org)